



APS 2017
Well Green Club 2008, 2012
Heyes Lane Club 2010, 2016
Navigation Club 2011, 2016
Cloverlea Club 2011, 2016
Bowdon Club 2012, 2016
Worthington 2018



MARCH 2019

Food for Thought

Kids Collective understands the importance of a balanced and healthy diet for the children we care for.

All our settings hold the Healthy Setting accreditation. In order for us to achieve and maintain this, we have to submit our Breakfast, After School and Holiday Club menus to a dietitian to be looked at and analysed. This ensures we provide nutrition from all food groups and that the meals we serve are nutritionally balanced. At the Clubs where we are unable to provide a full tea, we provide fresh fruit and vegetable crudité's. At the other Clubs we provide these alongside the light tea served. Menus are reviewed regularly and the children's tastes, likes and dislikes are also taken into account. Our menus are displayed on the welcome desks at Club or you can request copies at any time.

When we carry out baking and cooking activities with the children, we look at lots of different recipe ideas that incorporate fruits and vegetables that push the boundaries of the standard fairy cakes and biscuits. The children so get much more from this as they will often shop, prepare and cook all the ingredients themselves.

Physical exercise plays a vital role in our Clubs. In order for children to stay healthy, they need to be active for a minimum of 60 minutes per day. We understand a portion of that is achieved at play times during the school day, but the children will need to run off a little steam during After School Club too. Kids Collective have an 'Outside in all Weathers' ethos; as long as the children have suitable clothing for all weathers, there is no reason why they can't play outdoors.

We are very fortunate to have access to large outdoor playgrounds and playground equipment in the schools we operate from and we take full advantage of these facilities whenever possible. We also have a wide range of outdoor toys and games to encourage outdoor play. We bring the indoors out at every opportunity and bring a variety of activities out into the fresh air. The children really thrive in this type of environment because they are not confined to a small space. Activities become big and games can be played on a much larger scale.

The change4life website is a fantastic resource for parents to find ideas for a range of things including days out, healthy meals and lunch box ideas. There's a great section on how to make small changes that make a big difference too.

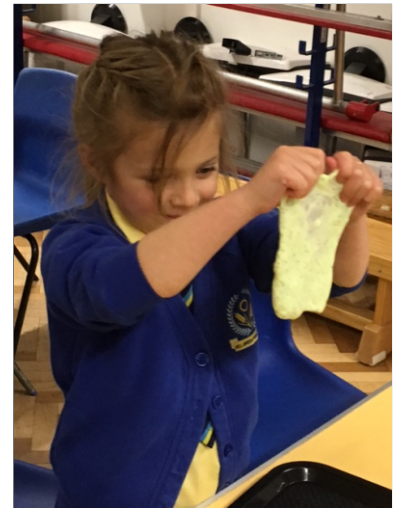
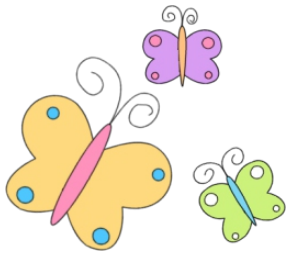
If you have any questions about the food we provide, please contact the main office for further details.

Forthcoming Events

- **1st March** - St David's Day - Children will be making daffodils & Welsh Cakes.
- **W/C 5th March** - All clubs will be doing various charity events to raise money for Once Upon a Smile. please see your child's individual club to see what they'll be up to.
- **5th March** - Mardi Gras - Lots of masks and carnival themed activities.
- **5th March** - Shrove Tuesday - Get flipping pancakes and top them with anything you like!
- **17th March** - St Patrick's Day - Lots of fun craft and Irish themed activities to mark the day.
- **21st March** - Holi - Children will be celebrating this Hindu festival by making sensory spiced paints and colourful artwork.
- **31st March** - Mother's Day - Mum's.....no peeking! There will be lots of lovely surprise activities going on to celebrate all the fantastic mums!
- **1st - 18th April** - Easter Holiday Club - Please visit our website to make your bookings.
- **22nd April** - Earth Day - Children be making earthy slime and making sure we look after our planet.
- **19th - 27th April** - Passover - Children will learn the story of this Jewish festival and make Passover cards to give to friends.
- **23rd April** - St George's Day - We'll be doing all things patriotic to mark this day.
- **6th May** - Start of Ramadan - We'll celebrate the arrival of the new moon by designing henna patterns.
- **15th May** - International Families Day - We'll be encouraging our families to read together and

What have we been up to?

Right; The children just love being at Kids Collective @ Heyes Lane!



Above; The children at Well Green enjoy making sticky, gooey slime!



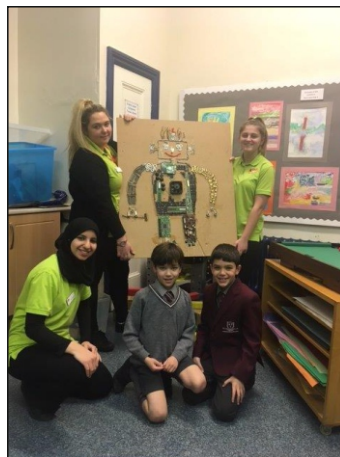
Above; Heyes Lane enjoy helping our planet by recycling.



Above; Check out the children's version of the Sydney Harbour Bridge! Great Job!



Above; Bowdon children enjoy making assault and obstacle courses to keep them fit and healthy.



Left; The children at APS proudly show off their loose parts robot.



Above; The children at Bollin are very proud of their culture board. It looks fantastic.



Below; Bollin make the most of sensory play incorporating the dinosaurs.



Above; Bowdon's contributions towards the local food bank.



Left; is there a Doctor in the house?! The children at Bollin are embracing the Doctor's role play set.



Right; What's under that mound of sand.....it remains a mystery!



Above; The children at Cloverlea enjoy helping out at Breakfast Club and love to cook and cake during after School Club.



Above; Down on the farm. The children at Heyes Lane create an authentic farm yard including Weetabix hay !



Left; The children enjoyed making paper chain snakes during jungle week.



Right; Navigation celebrate Chinese New Year by making a tasty stir fry. It looks delicious!





HOLIDAY CLUBS

Outstanding childcare for 3 -11

Easter 2019: 1st -18th April

Whit 2019: 27th May—7th June



Altrincham Preparatory School

Bollin Primary School

Cloverlea Primary School

 0161 980 0003
 www.kids-collective.co.uk





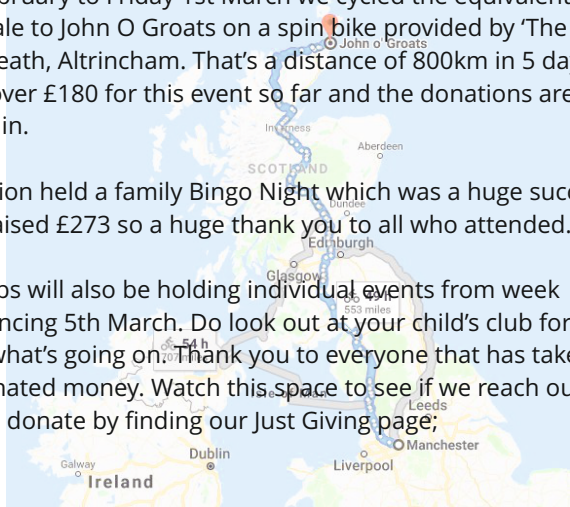


Community Matters

A number of Kids Collective staff volunteered to take part in a mammoth challenge in aid of Once Upon A Smile. From Monday 25th February to Friday 1st March we cycled the equivalent distance from Hale to John O Groats on a spin bike provided by 'The Gym' in Broadheath, Altrincham. That's a distance of 800km in 5 days! We've raised over £180 for this event so far and the donations are still coming in.

Navigation held a family Bingo Night which was a huge success. This event raised £273 so a huge thank you to all who attended.

Our clubs will also be holding individual events from week commencing 5th March. Do look out at your child's club for posters to see what's going on. Thank you to everyone that has taken part and donated money. Watch this space to see if we reach our target. You can donate by finding our Just Giving page;



<https://www.justgiving.com/fundraising/kids-collective>



TEAM TRAINING UPDATE

First Aid

Marta (Bowdon), Hannah K (Bollin & Bowdon), Candice (Heyes Lane), Lisa P (Cloverlea), Sally (Bollin), Shannon H (Heyes Lane), Rachel (Bollin), Heather (Deputy GM), Danny (Well Green), Asmaa (Worthington & APS),

Safeguarding

Claire B (Bowdon), Anna (Bowdon)

Fire Safety

Claire B (Bowdon)

Food Safety

Claire B (Bowdon), Anna (Bowdon), Emma (Worthington), Angela (Worthington)

GDPR

Claire B (Bowdon)

Manual Handling

Claire B (Bowdon)

Health and Nutrition

Lisa B (APS), Carol (Cloverlea), Ritsuko (Bollin), Mair (Navigation), Emma (Worthington), Marta (Bowdon), Victoria (Bowdon), Marta (Bowdon) Asmaa (APS)

Developing your Team Through Effective Coaching

All Club Leaders and Deputies

Awareness of Children's Mental Health

All Club Deputies

Awareness of Adult Mental Health

All Managers and Club Leaders

FREE WORKSHOPS



First Aid; Gemma our Deputy Group Manager did a round of First Aid Courses focussing on Recovery Position, how to deal with common injuries and how to be helpful in an emergency.

Stage Coach Drama School are currently making their way around clubs to deliver a 1 hour workshop to the children. The children will use the skills learnt and prepare for a performance at the end of their session.



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